


# TAND

## Mini-Symposium

### 2026



TSC-Associated Neuropsychiatric Disorders (TAND)

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**May 7 – 14:00–16:00 CET (2 hours)**

**Registration link:**

[https://uct-za.zoom.us/meeting/register/qHRwCEg\\_SQKx4SHYafAS5Q](https://uct-za.zoom.us/meeting/register/qHRwCEg_SQKx4SHYafAS5Q)

#### **PROGRAMME**

**14:00 – 14:05** Welcome and Introduction (Prof. Petrus de Vries)

**14:05 – 14:10** TANDem-2 Project Update (Nola Chambers)

**14:10 – 14:30**

**Understanding TAND: Mechanisms, Measures and Ethics**

Chair: Liesbeth De Waele

- Characterizing hypothalamic involvement in TSC-associated ASD (5 min) (Ryan Uy, Canada)
- Scoping the landscape of TAND outcomes and outcome measures (5 min) (F.L. Hosman, The Netherlands)
- Ethical Challenges in Tuberous Sclerosis Complex Care: A Scoping Review of Qualitative Studies (5 min) (Lucas Gutiérrez Lafrentz, Belgium/Chile)
- Discussion (5 min)

**14:30 – 15:05**

**Family Life and Caregiver Experiences**

Chair: Liezl Schlebusch

- Understanding caregiver experiences of sleep management difficulties in children with TSC (10 min) (Miriam Shabetai, UK)
  
- Psychosocial aspects in TSC: A preliminary Brazilian study (10 min) (Mariana Richartz Schwind, Brazil)
  
- Caring for TSC and TAND in India – perspectives of healthcare professionals and families (10 min) (Shoba Srivastava, India)
  
- Discussion (5 min)

**15:05 – 15:10. BREAK**

**15:10 – 15:45**

**Advancing TAND Treatment: Interventions and Therapeutic Innovations**

Chair: Lucas Gutierrez

- Medicinal Cannabis as a Novel Therapeutic Avenue for TAND (5 min) (Ilya Reznik, Israel)
  
- Collaboratively adapting a caregiver wellbeing programme for the TSC community (Well-Beans) (5 min) (Liezl Schlebusch, South Africa)
  
- Regulating Together: A Pilot Feasibility Study in Children and Adolescents with TAND (10 min) (Jamie K. Capal, USA)
  
- Neuropsychological intervention for visual skills in TSC (10 min) (Laís F. M. Cardozo, Brazil)
  
- Discussion (5 min)

**15:45 – 16:00** Open Discussion and Closing (Prof. Anna Jansen)